

Supplementary Materials:

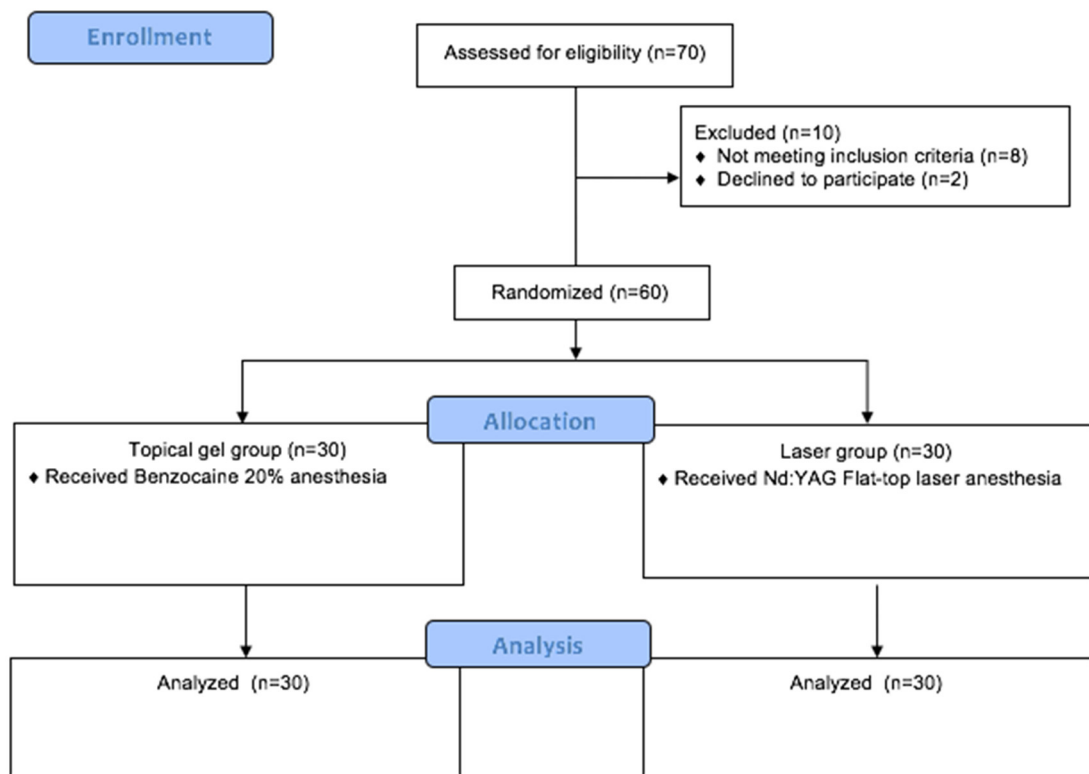


Figure S1. CONSORT flow chart illustrating the participants' enrolment, groups and interventions.